



37th Annual

Celiac Conference

Saturday, November 2, 2024
Nationwide Children's Hospital Education Center
Columbus, OH



When your child needs a hospital, everything matters.



37th Annual Celiac Conference

November 2, 2024

Conference Date

Saturday, November 2, 2024

Conference Time

Check-in begins at 8 a.m. | **General session** begins at 8:30 a.m. | **Program ends** at 3 p.m.

Location

Nationwide Children's Hospital Education Center
700 Children's Drive | Columbus, OH 43205

All children attending must be accompanied by an adult who is registered for the conference.

Cost

Conference fee: Adults – \$45 | Teens & School-Age – Free.

Payment may be made by cash, check, Visa, MasterCard, Discover or American Express.

Registrations can be made by mail or online at [NationwideChildrens.org/Edu](https://www.nationwidechildrens.org/Edu), under “View All Courses.”
Events are listed in date order.

You can also access our registration link on the Celiac Disease Center website
[NationwideChildrens.org/Celiac-Disease](https://www.nationwidechildrens.org/Celiac-Disease).

Everyone at the conference must pre-register. We are not able to accommodate walk-ins.

Registration Fee Includes

Presentations, education materials, activities and gluten-free lunch.

Cancellation Policy

Cancellations are accepted until two weeks before the program with refunds made minus 30% for administrative costs. After that time, no refunds will be given. No exceptions.

Confirmation

A confirmation email will be sent with each paid registration. Conference logistics information will be sent closer to the event date.

Sponsors

Nationwide Children's Hospital:
Department of Clinical Nutrition Services
Division of Gastroenterology, Hepatology and Nutrition
Community Education Department

This conference is specifically for people with celiac disease. It does not address autism.

Celiac Conference Information

Adult Session

8 a.m.	Check-In Opens
8:30 – 8:45 a.m.	Welcome Remarks <i>Mary Kay Sharrett, MS, RDN, LD, CNSC</i>
8:45 – 9:45 a.m.	Keynote Presentation: Celiac Disease: What's on the Horizon? <i>Daniel Mallon, MD, MSHPEd</i> <i>Cincinnati Children's Hospital</i>
9:50 – 10:20 a.m.	Pharmacy Presentation <i>Steve Plogsted, BS, PharmD, FASPEN</i>
10:20 – 10:35 a.m.	Break
10:40 – 11 a.m.	Gluten-Free Globetrotter <i>Erin Smith</i>
11 – 11:30 a.m.	Cooking Demo/Presentation <i>Amy McCrea, MBA, RDN, LDN, IFNCP, CGN</i>
11:35 a.m. – 12:10 p.m.	Gluten-Free Lunch (<i>All children join adults for lunch</i>)
12:15 – 1 p.m.	Q & A Panel: You Ask, We Answer! <i>Tracy Ediger, MD, PhD</i> <i>Daniel Mallon, MD, MSHPEd</i> <i>Steve Plogsted, BS, PharmD, FASPEN</i> <i>Kristen M. Roberts, PhD, RDN, CNSC, FASPEN, FAND</i> <i>Mary Kay Sharrett, MS, RDN, LD, CNSC</i>
1 – 1:10 p.m.	Break
1:15 – 1:35 p.m.	Celiac Disease: An Academy of Nutrition and Dietetics Evidence-Based Nutrition Practice Guideline <i>Kristen M. Roberts, PhD, RDN, CNSC, FASPEN, FAND</i>
1:40 – 2 p.m.	Update on Celiac Health Equity <i>Marsha Dumm MS, RDN, LD; Mary Kay Sharrett, MS, RDN, LD, CNSC</i>
2:15 – 2:45 p.m.	Gluten-Free Potpourri <i>Mary Kay Sharrett, MS, RDN, LD, CNSC</i>
2:50 – 3 p.m.	Evaluations/Adjourn

Teen (ages 12+) & School-Age (ages 7-11) Sessions

Teen and school-age sessions are led by The Ohio State University dietetic students. Children will learn about reading and understanding food labels, going out to restaurants and eating gluten-free, ways to cook gluten-free options, etc. They will also participate in age-appropriate activities designed to educate them about living with celiac disease.

Presenters

Keynote:

Daniel Mallon, MD, MSHPEd

As a pediatric gastroenterologist, I care for children with celiac disease, constipation, functional gastrointestinal disorders and inflammatory bowel disease. I direct the Celiac Disease Center at Cincinnati Children's, where we are actively trying to improve the lives of children and families affected by celiac disease, through expert care, research and community engagement. The most helpful information in diagnosing a gastroenterology condition comes from what my patients and families tell me, so I listen carefully. Parents are the experts when it comes to their children. Together, we share our knowledge to make a difference in their child's life.

I love what I do! Being a physician helps me utilize science and help people, which in turn creates close, long-lasting relationships with my patients and families. Belly pain, difficulties with eating and waste removal are so disruptive to the lives of children and families. When we find the answers and my patients get better, it is so gratifying. In my academic work, I teach and train pediatric residents and pediatric gastroenterology fellows to provide the best care possible. My research focuses on medical education and celiac disease. I am active in leadership roles in the American Academy of Pediatrics and the North American Society of Pediatric Gastroenterology, Hepatology and Nutrition. When I'm not at work, I spend time with my wife and three small children, watch Cincinnati Reds baseball games and explore Cincinnati by running and cycling.

Tracy Ediger, MD, PhD

Dr. Ediger is Director of the Celiac Disease Center at Nationwide Children's Hospital and an Associate Professor of Clinical Pediatrics at The Ohio State University College of Medicine. He attended the University of Illinois for his graduate studies and medical education and completed his residency and fellowship in pediatric gastroenterology at Boston Children's Hospital and Harvard Medical School. Dr. Ediger's clinical interests include all aspects of general gastroenterology, including inflammatory bowel disease and eosinophilic disorders with special interest in celiac disease. His clinical research focuses on quality improvement initiatives to improve care for those with celiac disease.

Amy McCrea, MBA, RDN, LDN, IFNCP, CGN

Amy McCrea is a Functional Nutrition Registered Dietitian passionate about using food and lifestyle changes to restore health. She is also a Certified LEAP Therapist, and received advanced training in Nutrigenomics and Immunology. She has a private practice, Grounded Root Nutrition, where she specializes in patients with gastrointestinal conditions, especially IBS-C, Celiac Disease, Non-Celiac Gluten Sensitivity, and SIBO. She was also the founder of Soodles Bake Shop, and has also presented for Nationwide Children's Celiac Conference.

Kristen Roberts, PhD, RDN, LD, CNSC, FAND, FASPEN

Kristen Roberts is a Registered Dietitian Nutritionist with nearly 20 years clinical experience in gastrointestinal conditions, gut rehabilitation and nutrition support. Currently, she holds a joint appointment within the Division of Gastroenterology, Hepatology and Nutrition and the School of Health and Rehabilitation Sciences at The Ohio State University. Her clinical expertise is caring for patients with various GI illnesses, including Celiac disease. She recently completed a 3-year term on the Evidence Analysis Library team for the Academy of Nutrition and Dietetics evaluating the nutrition evidence in Celiac Disease. Additionally, she completed the Celiac Disease education materials for the Nutrition Care Manual sponsored by the Academy of Nutrition and Dietetics. Prior to her employment with OSU, Kristen completed her PhD in Human Nutrition with a specialization in biomedical clinical and translational science and she has an active research program understanding the impact of dietary patterns on chronic inflammatory condition. She is a fellow of the Academy of Nutrition and Dietetics and of the American Society for Parenteral and Enteral Nutrition and a Certified Nutrition Support Clinician and serves as the Associate Editor for Nutrition in Clinical Practice.

Mary Kay Sharrett, MS, RD, LD, CNSC

Mary Kay has been a Clinical Dietitian at Nationwide Children's Hospital for over 40 years and is the resident expert on the celiac diet. She has served on the Celiac Conference planning committee since its inception and is the clinical liaison to the gluten-free Gang Support Group. She has become a popular speaker at national and regional conferences and a favorite interview among the popular press.

For details on all of Nationwide
Children's Community Education
Classes, visit our website at
NationwideChildrens.org/Edu



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2024 REGISTRATION INFORMATION

Everyone at the conference must pre-register. No walk-ins accepted.

Ways to Register:

- **Online:** Visit NationwideChildrens.org/Edu and search “Celiac”
- **USPS:** If mailing in, please allow at least two weeks for delivery. Online registration is better.

Mail this form with payment to:

*Community Education
Nationwide Children’s Hospital
700 Children’s Drive, Columbus, OH 43205*

- Or contact us directly at CommunityEducation@NationwideChildrens.org or by calling (614) 355-0589.

	Session	Age <i>(if under 18)</i>
Name _____	_____	_____
Name _____	_____	_____
Name _____	_____	_____
Name _____	_____	_____
Address _____		
City _____	State _____	Zip _____
County _____		
School District _____		
Cell phone () _____	Home Phone () _____	
Email _____		

Other Requirements:

- Interpreter for the Hearing Impaired
- Wheelchair seating
- Other _____

*If you or any of your children have other special requirements, please list them in the space provided. _____

Registration Fee:

- Adult (in person) \$45
- Teen 12–17..... Free
- School-Age 6–11..... Free

Payment Information: Cash Check Visa MasterCard Discover American Express

Card # _____ Exp. Date _____ Name on Card _____

Billing Address _____

Make check payable to Nationwide Children’s Hospital. Credit card charge will show as Children’s Education on your statement.



Nationwide Children's Hospital
Community Education
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Columbus, Ohio 43205-2664
NationwideChildrens.org

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